

January 21, 2011



Retirement Community

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To Whom It May Concern:

It is with great pleasure and without reservation that I recommend to you Ms. Lee Ann Szelog. One of the duties in my position at Quarry Hill Retirement Community is to develop and coordinate programs to enhance the health and vitality of not only our residents as they age, but of the adults 50+ who live in our surrounding mid coast area as well. I have had the great privilege of working with Lee on two such programs and found her to be a presenter of the highest quality. She is warm and engaging and leaves her audience with absolutely no doubt of her sincerity and integrity. The messages that she delivers in her programs for older adults resonate with that audience. She has an uncanny sense of understanding the elderly population and the values they still carry and hold dear. In this, Lee is immediately able to connect with them. I've witnessed how they are moved and transformed by her presentations – leaving with smiles and heads held higher; talking of feeling validated and inspired. I find this awe-inspiring and nothing short of amazing.

Lee has a genuine respect for and recognition of the value of older adults and the importance of their presence in any society. She is also painfully aware that every day that value is being diminished and the essential role that our elders are needed to play in our world is becoming hidden – even to themselves. Lee is on a mission – one that I fully endorse. She is determined to hold a mirror up to our elders so they can see what they still have to give, their beauty, their wisdom, their value. Her hope, in doing so, is that they will reclaim their rightful and essential role in their communities and begin to mend the fabric of our society that has become frayed from their absence. As one resident said as she was leaving Lee's most recent program: "I had really started believing that there was no way I could compete with my grandkids' video games and cell phones. Why would they ever want to spend time with me? Now I'm starting to think I might just have a thing or two worth sharing – things that might actually matter and be of interest to them."

I believe her work to be powerful and important. Her message, delivered with such enthusiasm and genuine love for elders, is of immense value not only to her mature audiences, but to those who host and sponsor her presentations. I wholeheartedly encourage you to consider sponsoring or engaging Lee as a presenter for any group of older adults and/or those who care for them. My retirement community has been so pleased with her presentations that we have already contracted with her to do staff development training with our employees to further improve the quality of their interactions with our residents. Also, due to the rave reviews from the audiences at her first two programs at Quarry Hill, we have plans to engage her for another program in our "Adventures in Living Well" series next year.

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Lastly, I must add that it is quite refreshing to conduct business with Lee. She is the consummate professional – warm, personable, reliable, and clear in all of her interactions. She really practices what she preaches, consistently demonstrating exceptional human relations, respect and personal pride. I am confident that you will not be disappointed in any dealings you may have with Lee. She is truly one of the finest human beings I know.

Sincerely,

A handwritten signature in cursive script that reads "Suzanne Miller".

Suzanne Miller, RN,BSN,CCM
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